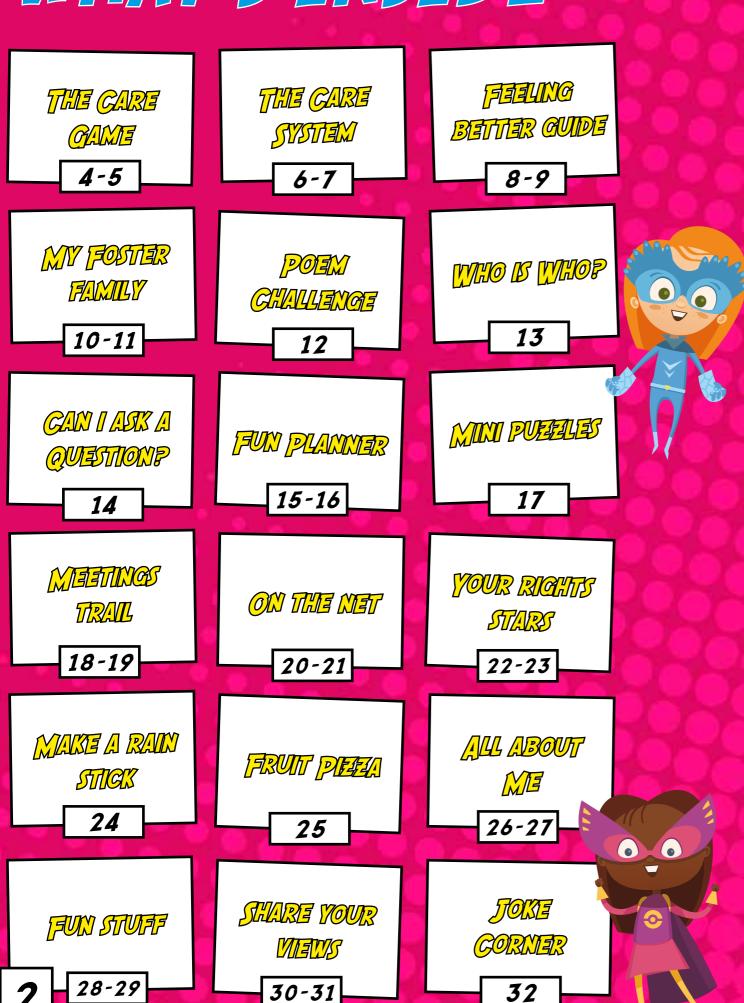


WHAT'S INSIDE?



HELLO YOU!

WE ARE SO HAPPY TO MEET YOU AND WE HOPE THAT
YOU WILL LIKE LIVING WITH YOUR FOSTER CARERS.
YOUR FOSTER CARERS HOME IS YOUR HOME. WE
WANT YOU TO BE SAFE AND HAPPY AND TO TRY NEW
THINGS. MAYBE THERE IS SOMETHING YOU HAVE ALWAYS
WANTED TO DO OR HAVE ENJOYED BEFORE - LET YOUR
CARER KNOW.

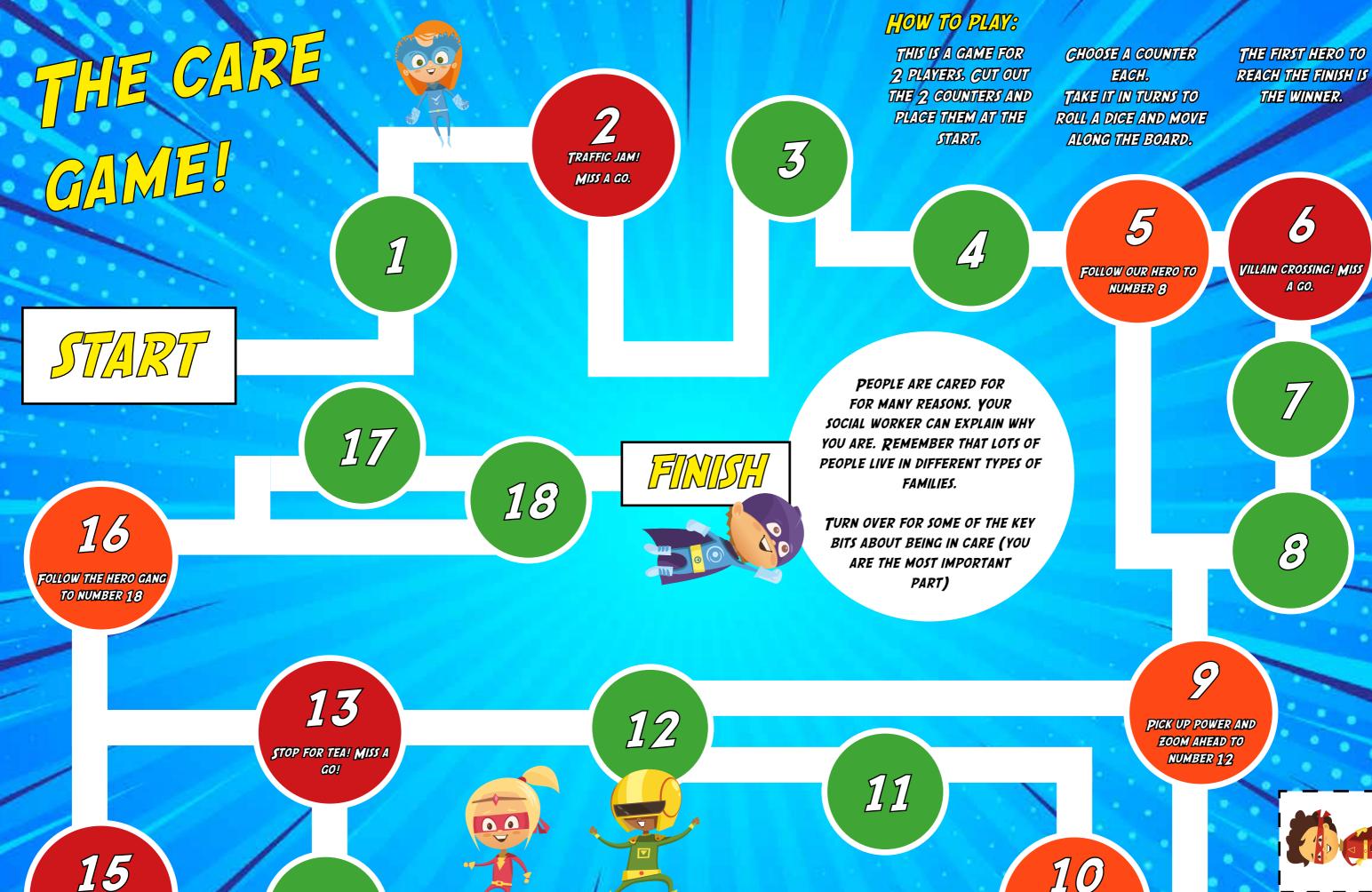
IT IS OK TO FEEL SCARED OR UPSET, YOUR SOCIAL WORKER WILL TALK TO YOU ABOUT WHY YOU ARE LIVING HERE AND HELP MAKE PLANS FOR YOUR FUTURE.

YOUR FOSTER CARER WILL GO THROUGH THIS PACK WITH YOU IF YOU WOULD LIKE THEM TO.

THIS MAG HAS LOTS OF USEFUL INFO ABOUT LIVING WITH YOUR FOSTER CARERS AND LOADS OF FUN THINGS FOR YOU TO DO LIKE MAKE A RAIN MAKER AND A FRUIT PIZZA!

FROM

THE TC TEAM



STOP FOR A POWER CHARGE, MISS A GO!

14

TAKE A SHORTCUT WITH THE GANG. GO TO NUMBER 14





YOU & YOUR FAMILY

YOU ARE A VERY IMPORTANT PERSON! THERE ARE SO MANY PEOPLE YOU WILL MEET AND SEE WHILST BEING A PART OF YOUR FOSTER FAMILY.

WE KNOW IT CAN BE STRANGE LIVING WITH NEW PEOPLE AND IT IS OK TO FEEL WORRIED OR NERVOUS. YOU MIGHT BE WONDERING ABOUT YOUR FAMILY - YOUR SOCIAL WORKER WILL TALK TO YOU ABOUT YOUR FAMILY AND THE REASON WHY YOU ARE NOT LIVING WITH THEM AT THE MOMENT. LET'S GIVE YOU A BIT OF INFO ABOUT THE DIFFERENT PIECES OF THE CARE PUZZLE - SO YOU CAN SEE WHERE IT ALL FITS.



IF YOU CANNOT LIVE WITH YOUR FAMILY, THE GOVERNMENT HAS TO MAKE SURE THAT YOU ARE SAFE.

YOU MIGHT HEAR A PHRASE 'IN CARE' WHICH MEANS YOU WILL BE SAFE AND WELL LOOKED AFTER.

THREE CIRCLES

WHEN YOU CANNOT LIVE WITH YOUR FAMILY AT HOME, SOCIAL WORKERS FIND SAFE PLACES FOR CHILDREN TO STAY.

SOMETIMES, THEY ASK FOSTERING AGENCIES (LIKE US!) TO FIND PEOPLE TO CARE FOR YOU. WE HAVE LOTS OF FOSTER CARERS AND YOU ARE LIVING WITH ONE OF THEM.

WE WILL LET YOUR SOCIAL WORKER KNOW HOW YOU ARE DOING AND PASS ON YOUR WISHES AND FEELINGS TO THEM.

FOSTER CARERS

FOSTER CARERS ARE PEOPLE WHO CARE FOR CHILDREN IN FOSTER CARE. LIKE YOU!

THEY MAKE SURE YOU ARE WELL LOOKED AFTER AND LISTEN, RESPECT AND SUPPORT YOU. THEY WILL MAKE SURE YOU HAVE A BEDROOM OF YOUR OWN (OR SHARED WITH YOUR SIBLINGS) AND BE SOMEONE WHO WILL CELEBRATE YOUR ACHIEVEMENTS AND HELP YOU TO TAKE PART IN THINGS YOU LIKE TO DO (LIKE ART OR FOOTBALL)!

SOCIAL WORKER

YOU HAVE YOUR OWN SOCIAL WORKER WHO WILL VISIT YOU AT LEAST EVERY SIX WEEKS.

THEY HAVE TO LISTEN TO YOUR VIEWS AND TAKE THEM SERIOUSLY.

THEY WILL WRITE A CARE PLAN WHICH HAS EVERYTHING ABOUT YOUR HEALTH, FAMILY, WHERE YOU WILL LIVE, EDUCATION AND LOADS MORE!

IT IS VERY IMPORTANT TO TELL YOUR SOCIAL WORKER WHAT IS IMPORTANT TO YOU SO THAT THEY WRITE IT INTO THE PLAN.





GO OUT INTO THE FRESH AIR

WATCH YOUR FAVOURITE FILM

LISTEN TO YOUR FAVOURITE MUSIC



DO SOMETHING

WRITE HOW YOU FEEL

SAY SOMETHING KIND ABOUT YOURSELF

JOIN A CLUB

CREATIVE



FEEL BETTER POSITIVITY TIPS!

SPEND TIME WITH FRIENDS

READ AN INSPIRING BOOK

> EAT SOMETHING HEALTHY

PLANA DAY OUT WITH YOUR CARIER

CLOSE YOUR EYES AND FOCUS ON YOUR BREATHING

CELEBRATE ALL THE GREAT THINGS YOU DO



MULT IS A FOSTER FAMILYP

PEOPLE WHO GIVE A HOME TO CHILDREN THAT NEED A SAFE PLACE TO LIVE. THEY MAY HAVE CHILDREN OF THEIR OWN, OR OTHER FOSTER CHILDREN LIVING WITH THEM.

WHAT IS YOUR FOSTER FAMILY LIKE?

WRITE IT IN THE 'ALL ABOUT ME' PAGE ON PAGES 26 & 27!

ASKING CARERS ABOUT THINGS

'DO THEY KNOW I DON'T LIKE SOME

'CAN MY FRIENDS COME ROUND?'
YOUR FOSTER CARERS WILL NOT MIND
YOU ASKING THEM QUESTIONS. THEY
WILL TRY AND HELP YOU WITH ANY
WORRY YOU MAY HAVE.

IF YOU WOULD RATHER TALK TO SOMEONE ELSE YOU CAN CONTACT YOUR SOCIAL WORKER.



WHAT MILL IT BE LIKE LIMING MITH FOSTER CARERSP

YOUR FOSTER CARERS WILL MAKE SURE YOU ARE HAPPY AND COMFORTABLE WHILST LIVING WITH THEM. THEY WILL TREAT YOU WITH RESPECT AND MAKE YOU FEEL PART OF THE FAMILY. THEY WILL:

- LISTEN TO YOU
- TAKE YOU TO SCHOOL
- TAKE YOU TO DOCTORS, DENTIST, OPTICIAN OR OTHER HEALTH APPOINTMENTS
- TAKE YOU TO YOUR CLUBS OR ACTIVITIES
- HELP YOU WITH YOUR HOMEWORK
- HELP YOU UNDERSTAND THE

 ROUTINES THEY HAVE AT YOUR NEW

 HOUSE (LIKE WHEN BED TIME IS)
- HELP YOU CELEBRATE FESTIVALS
 AND YOUR BIRTHDAY
- MEET WITH YOUR SOCIAL WORKER
 AND ATTEND ANY MEETINGS
- MAKE SURE YOU HAVE SAVINGS FOR YOUR FUTURE
- GIVE YOU POCKET MONEY
- AND SO, SO MUCH MORE!

10



POEM CHALLENGE

WRITE A POEM ABOUT A RECENT ACHIEVEMENT YOU ARE PROUD
OF!

HOW TO ENTER: WRITE YOUR POEM UP TO 200 WORDS ABOUT SOMETHING THAT MAKES YOU PROUD. THIS COULD BE SOMETHING YOU DID AT SCHOOL, A MEMBER OF YOUR FAMILY OR A CLUB YOU GO TO!

SEND YOUR ENTRY TO:

POEM CHALLENGE
THREE CIRCLES FOSTERING
DEAN ROW ROAD,
SUMMERFIELD'S VILLAGE CENTRE
LYILMSLOW,
CHESHIRE,
SK9 2TB

(ASK YOUR CARERS FOR AN ENVELOPE AND STAMP!) YOU CAN SEND YOUR ENTRY TO US IN A MESSAGE IF YOU LIKE! GET YOUR CARER TO TEXT THE POEM TO 07958291784

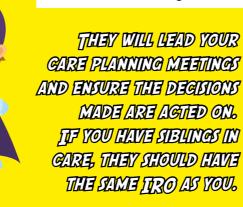
INHO IS WHO?



YOUR SOCIAL WORKER

THEY MAKE DECISIONS
ABOUT YOUR CARE AND
MANAGE YOUR CARE
PLAN. THEY SHOULD BE
IN REGULAR CONTACT
WITH YOU AND VISIT YOU
AT LEAST ONCE EVERY 6
WEEKS.

INDEPENDENT REVIEWING OFFICER



SUPERVISING SOCIAL WORKER

THEY VISIT YOUR CARERS
AND MAKE SURE THAT
THEY ARE LOOKING AFTER
YOU PROPERLY. THEY ARE
YOUR CARER'S SOCIAL
WORKER.



NTEAS

THEY'LL CHECK YOUR

SCHOOL UNDERSTANDS THE

ISSUES THAT MIGHT AFFECT

YOUR EDUCATION AND KEEP

TRACK OF HOW YOU ARE

DOING. THEY MIGHT SEE

YOU TO HELP WITH YOUR

SCHOOLWORK.



JUDGE AND FAMILY COURT

THE JUDGE IN THE FAMILY
COURT LISTENS TO WHAT
EVERYONE HAS TO SAY.
IT'S THEIR JOB TO MAKE
SAFE DECISIONS FOR YOU
AND YOUR FAMILY.

GUARDIAN



ADVOCATE

AN ADVOCATE WILL MAKE
SURE YOUR VOICE IS HEARD,
LISTEN TO YOU, HELP YOU
MAKE A COMPLAINT, CHECK
YOU'RE CETTING WHAT
YOU'RE SUPPOSED TO AND
SUPPORT YOU IN IMPORTANT
MEETINGS.



CAN IT ASK QUESTIONS?

WILL I GET POCKET MONEY?

YES, YOUR CARERS WILL PROVIDE POCKET MONEY FOR YOU. ASK THEM TO LET YOU KNOW HOW MUCH THIS WILL BE. THEY WILL ALSO START SAVINGS FOR YOU FOR WHEN YOU ARE OLDER.

0

WILL I BE ACCEPTED FOR WHO I AM?

YOU WILL BE ACCEPTED IN YOUR FOSTER HOME FOR WHO YOU ARE AND WHO YOU WISH TO BE.

CAN I USE THE TELEPHONE?

YOU WILL BE ABLE TO KEEP IN TOUCH WITH PEOPLE. YOU MAY WANT TO CONTACT YOUR FAMILY AND THE SOCIAL WORKER WILL LET YOU KNOW WHO YOU CAN AND WHEN.

WILL I HAVE MY OWN BEDROOM?

YOU WILL HAVE YOUR OWN BEDROOM AT YOUR CARERS. YOU MAY SHARE WITH YOUR SIBLING.

WILL THEY UNDERSTAND MY RELIGION?

IF YOU FOLLOW A RELIGION YOUR CARERS WILL SUPPORT YOU TO GO TO PLACES OF WORSHIP AND PROVIDE YOU WITH ANY RELIGIOUS BOOKS/ ITEMS YOU MAY NEED.

WILL I BE ABLE TO USE THE INTERNET?

YOUR CARERS WILL TALK TO YOU ABOUT THE

CULTURE AND TRADITIONS

YOUR CARER WILL HELP YOU TO TAKE PART IN THE TRADITIONS AND FESTIVALS THAT ARE IMPORTANT TO YOU AND YOUR CULTURE.

WILL I GET TO GO TO SCHOOL?

YOUR CARERS WILL HELP YOU TO GET TO SCHOOL. YOU MAY BE MOVING SCHOOLS AND YOUR CARERS WILL HELP YOU WITH EVERYTHING YOU NEED TO START YOUR NEW SCHOOL

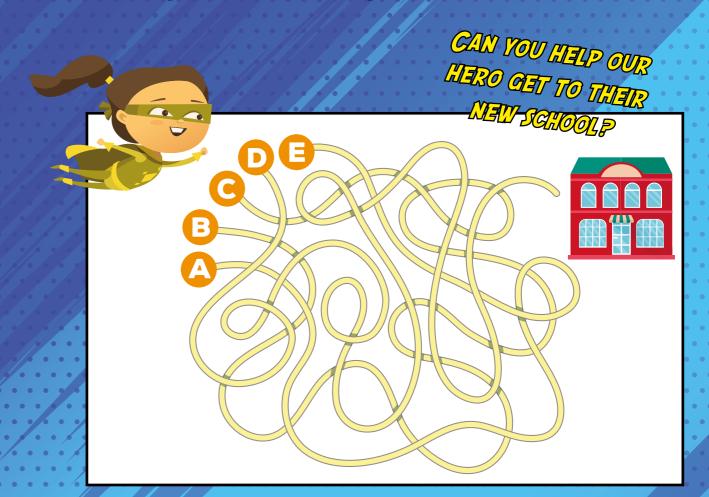
DAV SOON SONES COURTED SONE STONES AND Pinn man to wine considered for a story MANCH IT FLW MANCH IT FLW MANCH IT FLW BALLOON TOSS — GET A BALLOON TO STAY IN THE AIR AS LONG AS HIMOS CAMINIA CHARLE IN A SHARIN AND CHIMIDARING HOLL HERMOH HIMH EMON OLL III HOULING THATH TON POSSIBLEI HAME A GO AT HIDE INTO SHE UILLI TOUR CHARLES TURN OVER AND COMPLETE YOUR WE TURNED ALL OF OUR FUN IDEAS INTO A RAINBOW! OWN FUN PLANNER! BEWINDE NOT प्रचाराम्बर १७० १०१४म्बराज्य पात ताउवणा CENTER COUNTY OF RESERVE SINGERS AND GOVIE ONE FORM STEELING TO THE LAND STEELING TO THE LAND STEELING TO THE STEEL ETHINGO OF THE WAY OF THE CONTRACTOR OF THE CONT THE CONTRACT OF THE CONTRACT O BUILD A LIOUSIS OUT OF A CARDEOLIZO BOX -LON CILL BAILDA MAKE UP AN AMAEING DANGEI GO ON AN OUTPOOR SOUND LIUNT. THE BE SO KNOWN TO WEIGH SO KIVELI FUKI

RULES ON THE INTERNET AND WHAT YOU CAN.

WILL THEY HELP ME TO BE HEALTHY?

YOUR CARERS WILL HELP YOU TO GO TO HEALTH APPOINTMENTS LIKE THE DOCTORS AND OPTICIANS TO MAKE SURE YOU ARE AS HEALTHY AS CAN BE.

TC MINI PUZZLES



CAN YOU FIND ALL THE WORDS?

BRAVE

COMIC

PROUD

FUN

HERO

ACTION

FRIEND

POWER

ACHTEVE

HAPPY

H	D	H	7	5	В	R	A	V	E
A	E	U	P	Y	V	J	5	W	7
A	Ţ	R	R	0	C	0	M	I	C
C	5	C	0	В	1	R	Y	Ţ	Q
7	Ţ	F	U	N	E	F	1	P	A
I	В	5	D	V	В	R	E	0	Y
0	Q	В	K	F	5	Ţ	5	W	D
N	5	A	C	H	Ţ	E	V	E	В
7	Y	J	X	U	R	N	G	R	H
V	H	A	P	P	Y	D	U	0	I



CAN YOU HELP OUR HEROES FIND THEIR WAY TO THEIR MEETINGS?

TRACE THE TRAILS WITH A PENCILI

GARE PLAN

THIS IS A PLAN ALL ABOUT YOU! YOUR HEALTH, FAMILY AND WHERE YOU LIVE, YOUR EDUCATION AND SO MUCH MORE! IT IS IMPORTANT YOU TELL YOUR SOCIAL WORKER WHAT IS IMPORTANT TO YOU SO THAT IT IS WRITTEN IN THE PLAN.

LAG REVILLEN

THIS IS A FUNNY NAME FOR A MEETING -BUT
IT IS WHERE YOU ARE LISTENED TO AND PLANS
ARE MADE TO KEEP YOU SAFE AND HAPPY.
YOUR SOCIAL WORKER WILL ASK YOU BEFORE
THE MEETING IF THERE IS ANYTHING YOU
WANT TO ADD.

PEP MEETING

THIS IS WHERE YOU, YOUR TEACHERS AND YOUR CARERS GET TOGETHER TO MAKE SURE YOU ARE HAPPY AT SCHOOL AND ARE GETTING THE HELP YOU NEED TO DO WELL.

FAMILY TIME

THIS IS THE TIME YOU SPEND WITH YOUR FAMILY. THIS IS DECIDED BY YOUR SOCIAL WORKER - YOU SHOULD ASK THEM IF YOU ARE HAVING ANY FAMILY TIME AND WHEN IT WILL BE.



THE INTERNET CAN BE AN EXCITING PLACE TO LEARN AND HAVE FUN, BUT SOMETIMES YOU MIGHT SEE SOMETHING ONLINE THAT MAKES YOU FEEL WORRIED, SCARED OR SAD.

IF THAT HAPPENS, TELL AN ADULT YOU TRUST LIKE A PARENT OR A TEACHER, AND THEY CAN HELP.

HELP OUR SUPERHERO SAMMY CONNECT SAFELY ON THE INTERNET WITH CHARLIE!

TAKING PICTURES CAN BE LOTS OF FUN! BEFORE YOU

TAKE OR SHARE A PICTURE, REMEMBER:

ALWAYS ASK FOR PERMISSION.

ONLY SHARE PICTURES WITH PEOPLE WHO YOU KNOW

AND TRUST OFFLINE.

YOU HAVE THE RIGHT TO SAY 'NO' TO A PICTURE OF YOU

BEING SHARED WITH OTHER PEOPLE.

IF YOU'RE SENT A PICTURE OR SEE SOMETHING THAT

MAKES YOU FEEL WORRIED OR SAD, TELL AN ADULT YOU

TRUST AND THEY CAN HELP.

IT CAN BE FUN TO WATCH VIDEOS ONLINE
BUT SOMETIMES YOU MIGHT SEE OR HEAR
SOMETHING THAT MAKES YOU FEEL WORRIED,
SCARED OR SAD.
IT IS BEST TO WATCH VIDEOS ONLINE WHEN
THERE IS A GROWN UP WATCHING WITH YOU,

NOT ON YOUR OWN.

PLAYING AN ONLINE GAME WITH YOUR
REAL-LIFE FRIENDS CAN BE GREAT FUN.
YOU SHOULD ONLY PLAY WITH PEOPLE
WHO YOU KNOW AND TRUST OFFLINE, LIKE
FRIENDS FROM SCHOOL.
SOME GAMES ARE ONLY FOR GROWN UPS
OR OLDER CHILDREN. ASK YOUR PARENT
OR CARER TO CHECK THAT THE GAME
YOU'RE PLAYING IS OK FOR CHILDREN
YOUR AGE TO PLAY.



YOUR RIGHTS STARS!

YOUR RIGHTS ARE THINGS YOU SHOULD HAVE OR BE ABLE TO DO. YOU HAVE LOTS OF RIGHTS!

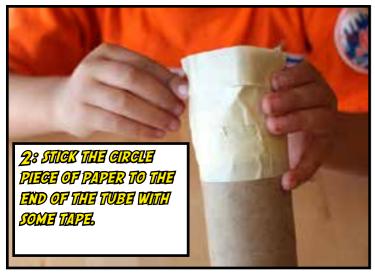


SOMEONE FROM NTEAS OR THREE CIRCLES WILL VISIT OR CALL YOU EVERY & MONTHS TO SEE HOW YOU ARE. IF YOU WOULD LIKE SOMEBODY TO COME TO SEE YOU SOONER - ASK YOUR CARER AND WE WILL COME TO SEE YOU. WE WILL ASK YOU HOW YOU ARE DOING AND IF THERE IS ANYTHING YOU WOULD LIKE US TO PASS ON TO YOUR SOCIAL WORKER.

22

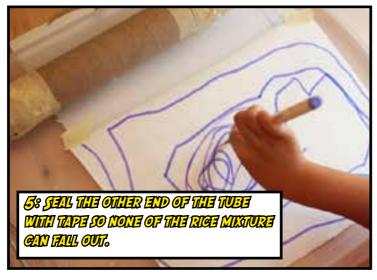
LET'S MAKE A RAIN STICK!















SOBAKE FRUITY SUTELLA

PESSA

INGREDIENTS

1 WHOLE WHEAT
TORTILLA (8 INCHES)
2 TABLESPOONS NUTELLA
3 TO 4 FRESH
STRAWBERRIES, SLICED
1/2 MEDIUM FIRM
BANANA, PEELED AND
SLICED
1/2 MEDIUM KIWIFRUIT,
PEELED AND SLICED

YOU CAN USE ANY FRUIT YOU LIKE!

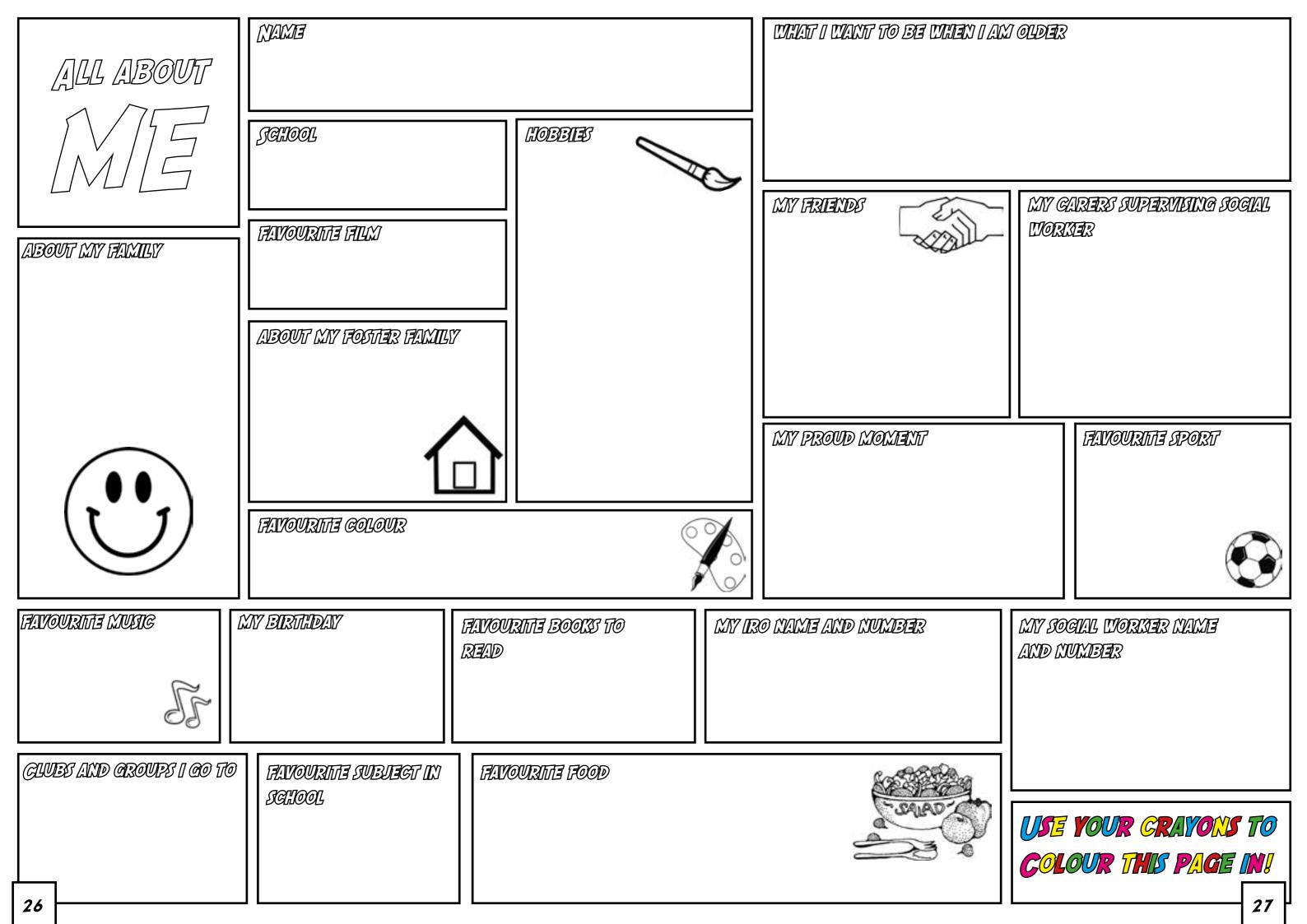
1. PLACE THE TORTILLA ON A PLATE

2. SPREAD THE NUTELLA OVER
THE TORTILLA AND SMOOTH IT
OUT. (REMEMBER TO LEAVE
YOURSELF A 'CRUST' SO YOU CAN
PICK IT UP!)

3. PLAGE THE FRUIT ON TOP JUST LIKE THE TOPPINGS OF A PIZZA!

4. ENJOY!





FUN SACTIVITES

GUMBING



BOWLING



TOE SKATING





SPRING

SUMMER







THEME PARK



ART WORKSHOPS



GERUTMAS PARTY

AT THREE GIRGLES WE HAVE LOTS OF FUN. EVERY YEAR WE HAVE AN AWARDS DAY WHERE WE GELEBRATE ALL THE AMAZING THINGS YOUNG PEOPLE HAVE AGHIEVED. WE GO ON TRIPS LIKE IGE SKATING, TO THEME PARKS AND CLIMBING. ASK YOUR CARER TO LET YOU KNOW WHAT EVENTS ARE COMING UP - YOU MIGHT LIKE TO COME ALONG TO ONE!

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NEED ANY HELP?

MERE ARE SOME USEFUL

NUMBERS FOR YOU TO

RING IF YOU NEED TO

TALK TO SOMEONE =

ANYTIME.

NSPCC

IF YOU NEED HELP OR ADVICE.

THE HELPLINE IS OPEN 24 HOURS A DAY.

0808 800 5000

WWW.NSPEG.ORG.UX

CHILDLINE

THIS IS THE FREE 24 HOUR HELPLINE
FOR CHILDREN. CHILDLINE'S
COUNSELLORS ARE THERE TO HELP
AND FIND WAYS TO SORT THINGS OUT.
CHILDLINE IS CONFIDENTIAL - WHICH
MEANS THEY WON'T TELL ANYONE
ABOUT YOUR CALL UNLESS YOU WANT
THEM TO TALK TO SOMEBODY FOR
YOU, OR YOU ARE IN DANGER.

0800 1111

WWW.GIILDUNELORGLUK



THREE GIRGLES

TIF YOU WANT TO CONTACT THREE
CIRCLES AT ANY TIME YOU CAN CALL US
ON:

01625 533 531

YOU CAN ALSO MESSAGE OUR DEDICATED NUMBER FOR YOU:

07958 291 784

YOU GAN ALSO SEND US A FORM ON THE WEBSITE, ASK AN ADULT YOU TRUST TO HELP YOU GET TO THE YOUTH ZONE ON THE WEBSITE

THREE GIRGUEST FOST FRING GOM

SHARE YOUR VIEWS

YOU HAME THE RIGHT TO
COMPLAIN IF YOU ARE NOT HAPPY,
ASK A GROWN UP TO HELP YOU

IF YOU ARE NOT HAPPY, FIRST TRY TO TALK TO YOUR FOSTER CARERS.



IF YOU CAN'T DO THIS, TALK TO YOUR SOCIAL WORKER OR SOMEBODY ELSE WHO WORKS AT THREE CIRCLES.

IF YOU ARE WORRIED AND FEEL YOU CAN'T TALK TO YOUR SOCIAL WORKER, YOU HAVE THE RIGHT TO AN ADVOCATE WHO YOU CAN TALK TO YOU AND HELP YOU TELL PEOPLE HOW YOU ARE FEELING.





HOW DO I SHARE MY MEWS?

YOU CAN GO TO THE THREE CIRCLES WEBSITE TO
GET IN TOUCH ON THE ONLINE YOUTH ZONE.
GET AN ADULT TO HELP YOU GO TO
WWW.THREECIRCLESFOSTERING.COM

PHONE:

RING US ON 01625 533 531 AND TELL SOMEBODY AT THREE CIRCLES - THEY WILL HELP YOU FIND THE EASIEST WAY TO COMPLAIN.

OFFITTED:

AN ORGANISATION CALLED OFSTED CHECKS THE WORK OF THREE CIRCLES. THEY HAVE PEOPLE YOU CAN TALK TO ABOUT HOW YOU ARE FEELING.

ADDRESS: PICCADILLY GATE, STORE STREET, MANCHESTER, M1 2WD PHONE: 0300 123 1231 WEB: WWW.OFSTED.GOV. UK

EMAIL: ENQUIRIES@OFSTED.GOV.UK

JOKE CORNER



WHAT IS A PIRATE'S
FAVOURITE LETTER?

RRRRRRRRRR!

WHAT IS BROWN AND STICKY?

A STICK!

6 AMAZING
YOUR CARER!

WHAT DO ELVES LEARN AT SCHOOL?

THE ELF-ABET!

WHAT DO YOU CALL A TRAIN THAT SNEEZES?

ACHOO-CHOO TRAIN!

HOW DO ALL THE OCEANS
SAY HELLO TO EACH
OTHER?

THEY WAVE!

WHAT DO YOU CALL A COW ON A TRAMPOLINE?

A MILK SHAKE!

INFORMATION FROM THIS DOCUMENT CAN BE MADE AVAILABLE IN ALTERNATIVE
FORMATS AND IN DIFFERENT LANGUAGES.

WE'D LOVE TO KNOW WHAT YOU THOUGHT ABOUT THIS MAGAZINE....
WOULD YOU LIKE TO GET IN TOUCH?
CALL: @1825 533 531

FOR MORE FUN AND FOSTER FACTS, GO TO THREECIRCLESFOSTERING.COM/YOUTH-ZONE-5-8